



# Dawn



at the G.P.O. Sydney, for  
ion by post as a periodical.

A MAGAZINE FOR THE ABORIGINAL PEOPLE OF N.S.W.

January, 1955

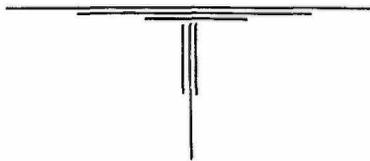




## OUR COVER

● A proud stockman from Argyle Station, Central Australia, and his small son.

Without the assistance of Aboriginal stockmen many of Australia's immense stations could not carry on.



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"DAWN" . . . .

is a Magazine Published  
by the Aborigines Welfare  
Board for the Aboriginal  
People of New South Wales



Editor: E. Colin Davis, J.P.

# DAWN IS GROWING UP

## Now Three Years Old

*A Birthday message from the Premier of N.S.W. The Hon. J. J. Cahill, M.L.A.*



The Hon. J. J. Cahill

*Dawn* is now three years old and it is a pleasure again to send birthday greetings to its sponsors, the Aborigines Welfare Board, its Editor, Mr. Colin Davis, and its readers.

I take pride in the fact that it was your Government which gave to the aboriginal people of New South Wales their very own magazine.

In my view, this journal has two main purposes:—

- To provide subject-matter of special interest to the descendants of original Australians.
- To help the aboriginal people to become happily assimilated in the Australia of present day.

*Dawn* is a very friendly little monthly which has done much to promote a new fellowship of interest among those whom it desires to serve.

You, the descendants of a very ancient people, are scattered far and wide within the 309,433 square miles which comprise New South Wales—in groups, usually too far removed to have those contacts which are really valuable.

However, your journal is bringing the people of Moree into the orbit of those who live at, say, La Perouse; those of Condobolin into truer perspective among dwellers at Wallaga Lake.

And vice versa.

That new intimacy—an intimacy of the printed word and illustration—is a most desirable innovation; something which must bring a new inspiration to a people who have been lonely in their comparative isolation and who, sad to say, have suffered considerable neglect in other times.

Our aborigines have played not unimportant roles in many spheres since Captain Cook stood upon the beach at Kurnell 166 years ago.

Exploration and the development of the great outback would have been considerably retarded had it not been for the valuable assistance given by Old Australians whose names have their places of pride in the history of this country.

What pleases me particularly, is that there has been no falling off in the original high standards set for *Dawn*.

I see it personally each month and one of its features which makes a special appeal are the intimate snapshots from here and there, of men, women and children, who are carving out for themselves, the place to which they have a genuine claim in our modern community.

I was interested to read in the November issue the story of an old aboriginal legend as told to Mr. Michael Sawtell by David Unaipon—"How the tortoise got his shell".

I could hope that stories of the ancient culture—it was considerable—and the legends—they have their own splendid and novel fascination—might have a special place in every issue.

If I remember correctly, David Unaipon—or was it some other full-blood with love of his people deeply engrained—wrote many of the old intriguing legends for Sydney's "Sunday News" in the early 1920's.

Mr. Sawtell would know.

And his pen is tireless . . .

There is a great wealth of romantic material remaining to be exploited by *Dawn*.

There is much I remember as fascinating in the history and customs of ancestors of the aborigines contained in the reports prepared by the late Professor Baldwin Spencer and others.

Could not some of this material be incorporated in *Dawn*?

The past teaches many lessons and descendants of the old tribes would find much in what is known of the history of their ancestors in which they could take a real pride.

Mine are merely suggestions.

I make them not as one who is in any way a critic of a very excellent magazine.

They are just the thoughts of one who has a deepest interest in the welfare of those of aboriginal race—as one who feels that the old cultures, strange and rude as some may appear today—the braveries and the fortitude and resource of the "first timers" should not be allowed to disappear into the limbo of things forgotten.

It has to be remembered that we all have a common origin; that spear and stone axe were the providers of food and the weapons of defence of the white man also, long ago.

It just happened that our development was earlier.

The Australian aborigine today can share in all progress.

He has complete capacity.

All that is required is the individual urge.

As a reader of *Dawn* I feel that that urge is very much in existence today and that the complete emancipation of the aboriginal people is only just around the corner.



# OUR ROVING CAMERAMAN

THE aboriginal people in this State are scattered over a wide area, so far apart that many of them may never meet, but the magic camera can bring to us intimate glimpses of these people and enable us to become better acquainted with each other.

If you have photos at home, similar to those you see published in *Dawn*, send them along and thus add to, and maintain, the interest in your fellow men and women



Some of the people from Cubawee and Cabbage Tree Island who gathered for a convention at Box Ridge, Coraki.



Hiding in the bushes we found Ron Vale and Henry Dunn of Bellbrook.



A spot of shadow sparring in the sun keeps Leslie Lang of Bogga-billa fit.



Rachael and Kenneth Leonard of Coonamble and their pony "Blue".



The cameraman found Cec French of Mallanganel in a delightful setting near the creek.



**William Leonard of Coonamble prepares to fit a new wheel to his cart.**



**Near their tent on the bank of Snowy river at Orbost, Victoria, we met Beatrice and Priscilla Johnson.**



**A couple of intrepid hunters, Lorraine and Albert Kinchela.**



**Standing beneath the arches with Valerie Thomas of Wallaga Lake.**



**This shy little lass is Dorothy Carberry of Warialda.**



**These two pretty lasses in their party frocks are Ivy and Annie Wise of Swan Hill.**



**A group at Wilcannia includes John Williams, Vincent Quayle, George Hudson, and John Quayle.**



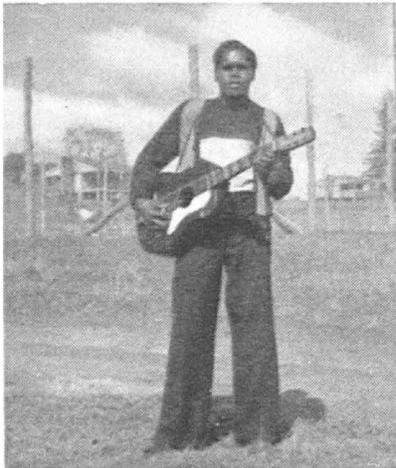
**Three gospel workers from Cubawee who recently visited Cabbage Tree Island. They are Lucy Robertson, Fletcher Roberts and Caroline Roberts.**

# Woodenbong is Growing

## Special Drive for Hygiene

The population of Woodenbong Station consists of permanent residents and "drifters". The latter form quite a large percentage of the total number. A number use the Station as a weekend place of abode and are in permanent employment at sawmills, etc., in the district. Every encouragement has been given to such persons to merge into the white community, and employers have been asked to assist.

Many houses on the Station were repaired and the painting of roofs of cottages was completed. Painting of exterior of a few cottages was carried out and this will be continued until all dwellings have been painted. A number of houses have been lined with 3-ply. Some of the more enterprising residents effected improvements to their cottages at their own expense. This has been encouraged by the provision of paint by the Board.



**Ken. Mercy is one of Woodenbong's most talented musicians**

The old school building was renovated by voluntary labour and handymen, and extended for use as a recreation hall. A stage was erected in the building.

Fences were erected around five cottages. In each case, the occupiers paid cost of erection, but fencing material was supplied by the Board. Some improvements were effected to latrines, many of which were in a state of dilapidation and had no impervious base.

The health of residents, generally, may be rated as good. An epidemic of gastro enteritis in February caused the death of three children. Round worm infestation amongst children is high. There is also a deal of hook worm infestation. The Department of Public Health is carrying out treatment.

There is abundant employment in the district and all eligible and willing workers are employed. The

remainder who may be classed as vagrant types, do casual work whenever they feel inclined to earn some money.

Aborigines are employed in the three timber m and as timber fellers in the bush. One man is employed as a timber lorry driver. Other forms of employment are those associated with rural industries—farming and grazing.

Two aborigines are employed as handymen on Station. Nature of work is dairying, fencing, building repairs, painting and destruction of noxious weeds,

Residents attend the Woodenbong Cinema shows Saturday nights. During football season, he conveyed residents to football matches in the district places where residents who were members of Urbenville team were playing. One resident played with the Woodenbong Cricket Club during the season. A few dances and two concerts were held in the Station recreation hall during the year under review.

The teacher in charge of the Aboriginal School carried out a special drive on hygiene. Special emphasis has been placed on neatness and appearance of school work. The teachers have been greatly assisted in this by the Queensland University helpers who conduct monthly competitions in art and award prizes.

A display of work was given in the form of an exhibition at the end of 1953.

A school break-up party and concert was held in the recreation hall at the end of the school term. A party was given at the school a week later by the teacher in charge and his wife.

The Plymouth Brethren of Bonalbo provided a Christmas party for all children and contributed towards the cost of bus fares to transport the children. Ten people visited the Station on each Sunday evening the year and conducted religious services in the Methodist Church on the Station.

Except for a minority, the conduct of residents on Station has been satisfactory. The Parents and Citizens Association meets once a month.

A dairy herd is maintained for the supply of milk for residents.

The Queensland University group maintained a library in the Station throughout the year. Amongst things presented to the School and Station by the group are two phonographs and about 200 or more records.

# FOODS AROUND THE WORLD

## A Wide Choice is Necessary

The third of a series of articles by Mrs. Owen Moorhouse, of Nowra

In the previous articles of this series on a voyage from Sydney to Europe, I have tried to tell you how people of other lands less fortunate than we, suffer from disease and malnutrition because of the lack of correct foods, due perhaps to shortages, custom, and extreme poverty. Throughout Europe there is a diversity of food habits for in Southern Europe such as Italy, Spain and Greece much wheat and grain in some form or another—spaghetti and macaroni are eaten and olive oil and lard is used in various ways in cooking, while the relatively little meat is eaten. Then further north the meat becomes an important part of the meal either with potatoes. We have to journey further north again to Scandinavia to find people who live on a well balanced diet which includes meat, fish, eggs, cheese, with fruit and vegetables, though the latter are difficult to obtain during the long winter months. It shows the Scandinavians are considered fine physical specimens though living under harsh climatic conditions.

Food provides substances for building our bodies and we cannot expect a first class product if we use inferior building materials. Good health is not only the absence of disease, but a state of well being resulting in more efficiency, "pep", vigour, better appearance and the end of fatigue.

### The Work Food does in the Body.

It provides ENERGY and heat : sugars, starches and fats provide energy.

It REPAIRS worn out tissues and provides for new GROWTH : meat, fish, eggs, cheese, milk—the PROTEIN are the BUILDING foods.

It REGULATES the various processes of the body. The MINERALS, VITAMINS and WATER are the BODY REGULATORS.

Even in our country where a wide variety of food is available, many people are not well fed ; although they are getting sufficient to eat they are not eating enough of the right kinds of food. Eating the "right kinds of food" certainly does not mean giving up our favourite dishes. Provided certain foods are included

each day we may eat what else we please. These certain foods which are ESSENTIAL—are called "PROTECTIVE" foods—because each group provides one or more of the essential substances that help to protect us against infection and poor health.

### THE FIVE ESSENTIAL FOOD GROUPS.

#### Eat these foods EVERY DAY.

- (a) **Milk** :  $1\frac{1}{2}$  pints for children.  
 $1\frac{1}{2}$  pints for expectant and nursing mothers.  
 $\frac{3}{4}$  pint for adults.  
(b) **Butter or Margarine** : At least 4 teaspoons.
- (a) **Meats, Fish, Rabbit, Poultry or Cheese** :  
At least ONE serve.  
(b) **Eggs** : ONE per Day or at least 3-5 per week.
- Fruits** : TWO or more servings.  
(i) Citrus (orange, pineapple, paw paw) or tomato.  
(ii) One other.
- Vegetables** : TWO or more servings besides potato.  
(i) One green leafy or yellow (spinach, carrots, cabbage, etc.).  
(ii) One raw.  
(iii) One potato.
- Cereals or Bread** : Two or more servings (preferably wholemeal or brown bread or wheatgrain, cereals, i.e. porridge, oats, etc.).

Below is a meal pattern which would include these FIVE ESSENTIAL GROUPS.

#### Breakfast Pattern—

FRUIT—Raw, cooked or juice ; and/or  
CEREAL—Wholegrain with milk and sugar.  
Hot Dish—Egg, meat, fish or cheese.  
BREAD or TOAST with BUTTER.  
BEVERAGE—Tea, Coffee or Milk.



## Foods Around the World

*Continued from page 5*

### Lunch Pattern—

PROTEIN FOOD—Cheese, egg, meat or fish.

VEGETABLE or FRUIT—Raw, salad or cooked.

BREAD with BUTTER.

EXTRAS, if desired—Jam, marmite, peanut butter, etc.

BEVERAGE—Tea, Coffee or Milk.

### Dinner Pattern—

PROTEIN FOOD—Meat, fish, poultry, cheese or egg.

POTATO.

OTHER VEGETABLES—Green or Carrots.

DESSERT.

BEVERAGE—Tea, Coffee or Milk.

We in Australia have ample opportunity to balance our diet, and coupled with plenty of fresh air, sunshine and clean living conditions, the vigour and prosperity of our country is assured.



These two charming beach lasses are Dorothy Heckling and Caroline Roberts of Cubawee

p.m.—

Arrive back at Hotel, write two letters and go to talk to local Police Sergeant who is including aborigines in his sporting organisations.

Mileage for day, 74 miles.

a.m.—

Depart — for —. Spend an hour in — seeing Insurance Companies re the insurance of voluntary labour on the construction of houses at —.

30 p.m.—

Arrive —. In — it is necessary to visit the people living on the Reserve there and also a large number of people living off the Reserve in houses in the town. Once again a round has to be made of all the houses on the Reserve. Mrs. — has the care of two wards. These children are seen. Their school attendance is good and they are well dressed and clean. I am satisfied that Mrs. — is a good foster parent. Another lady has found a small five year old boy in — and brought him home to —. The child had no parents with him and spent his time going from person to person. I manage to find out his name and where he comes from. The lady who now has him would like to adopt him. A lad on the reserve has to complete certain papers relating to his admission to a mental hospital as a voluntary patient. These are completed.

One or two pensioners have missed an old age pension payment. I take particulars and will write to the Department concerned to see what has happened. After completing the Reserve, I drive to the other homes to visit the balance of the people. Among the difficulties here is Mrs. — who is anxious to take maintenance proceedings against her husband. I know that she will never go to Court in a case of this nature and that she only wants to use my interest to scare her husband into giving her more housekeeping money.

p.m.—

Finish in —.

30 p.m.—

Arrive in —. Here I have a very active committee that is attempting to do something about the deplorable conditions under which the coloured people live. So far they have on hand all the material to build their new homes, but lack the industry to commence work.

Tonight there is a meeting called to discuss the disappointing result and to ask the coloured people in attendance just what they intend to do about it. Meeting progresses from 7.30 p.m. until 10.15 p.m. I then return to headquarters.

a.m.—

Arrive headquarters.

Mileage for day, 212 miles.

Total mileage for trip ..... 457 miles.

# Moree a Progressive Station

## KEEN CIVIC INTEREST

The population of Moree Station is in the vicinity of 320, but varies from time to time owing to workers departing to other parts to engage in seasonal occupations.

All of the twenty-four new cottages have been provided with shower recess and laundry facilities. The seven renovated cottages have also been provided with showers and laundries of a similar nature. The sanitary system is of the pan type and is cleared regularly by the contractor, twice a week when necessary. The contractor contracts for the Moree Municipal Council.

Water is pumped from a well by a Pumona three-stage electric pump into two 10,000 gallon tanks and thence reticulated to all houses. The twenty thousand gallon static capacity is insufficient for the Station but this is offset by the nature of the pump which is capable of filling the tanks within two hours. The waste water is pumped through a main to which each house is connected by two sullage pumps, and eventually is spread over a waste area of land away from the Station.



**Shouldering his rifle in the approved Army style, Bob Nean, of Moree, looks every part a soldier**

The School on the Station has an average enrolment of 130, including children who live off the Station. All the children of school age on the Station attend the Station school and seem both happy and contented there. There is very little absenteeism and three of the older children are attending the Moree High School. The girls particularly enjoy the cooking lesson and considerable benefit should be forthcoming from this activity as the girls grow older and marry.

Employment has been patchy throughout the year. The general occupations followed here are shearing which is a seasonal pursuit, and rural labouring of a semi-skilled nature such as fencing.



**This old man goanna met his match when he had a run-in with Ivan Madden, of Moree**

Towards the end of last year in about October, November, December, 1953, and early in this year April, May, June, 1954, there were definite depressions which affected the Station severely. During these periods the issue of rations rose considerably.

During a good season, the population of the Station tends to rise as families following work throughout the district converge on Moree. This Station has a very large floating population consisting primarily of the type of family outlined above and also of families who have been employed on properties and living in houses provided by employers on such properties. When the job ceases, they return to the Station and spend weeks here before returning to other seasonal employment.

A considerable amount of work has been completed on the Station, the playing area has been completely fenced and the playground for children commenced. This work has been performed by voluntary and unskilled labour. Broken windows have been mended and an attempt made to inspire residents of the Station to attend after their homes and gardens.

Another innovation has been the formation of a Station Council. This Council was elected by the people after the nomination of selected candidates. The duties of the Council will be to accept many of the responsibilities of the management and as far as possible to make the people handle their own affairs.

A Boys' Club has been formed and is enthusiastically attended by the younger boys of the Station. At the Boys' Club they learn weight-lifting, community games and general sport, and it is hoped that through this Club they will grow up with a feeling of solidarity with their friends and that a healthy team spirit will be developed.

Several dances have been held during the year and the money has been accumulated with the intention of purchasing amenities for the Station. All the residents take a keen interest in the social life of the Station and attend most of the gatherings.



**This young heavyweight is Ronald Swan, of Moree, and he is only 14 and half months old**

The Church of England, Roman Catholic, Methodist and Baptist Ministers attend the Station and hold services. Special commendation is given to the Baptist preacher who has taken a considerable interest in the Station and has given to the management, much assistance.

The health of the residents has been satisfactory throughout the year, and apart from an outbreak of gastro enteritis, there have been no major epidemics.

It is intended that the following work on the Station be undertaken in the near future :—

1. The laying of water piping—grassing and complete laying out of sporting fields.
2. The building and erecting of the children's playground which is to consist of 16 different articles of playground equipment.
3. Installing hot water service to all homes on the Station.
4. Electric light and power to each home.
5. Painting of all homes both inside and out.
6. The eradication of the thorn bushes.

The above work is to be carried out using Station labour with the guidance of the management and the Station Council. The materials used for 1, 2 and 5 to be supplied from Station stock when available. The materials for the hot water service (3) copper piping and tanks, tap, etc., are to be bought from funds raised from functions held during the year.

The cost of all materials and equipment for the electric light (4) to be found by the residents desiring this amenity. This work to be supervised by the Assistant Manager who is a licensed electrician.

## BARCROFT BOAKE

Recollection by Mary Gilmore.

Dame Mary Gilmore well known Australian authoress has a few things to say about Michael Sawtell's article on Barcroft Boake. Dame Mary who knew the poet well, says :—

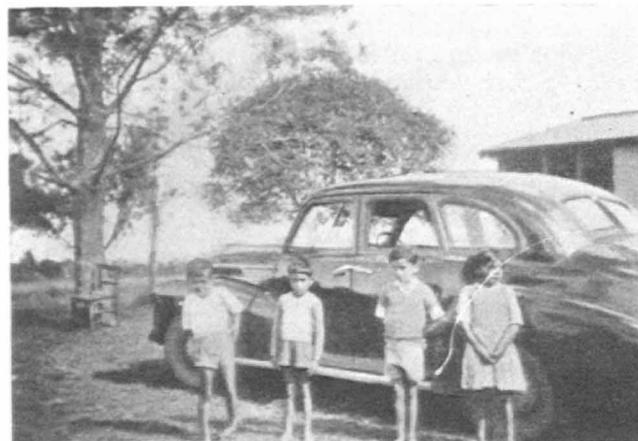
Barcroft Boake was a constant visitor at our house in Wagga Wagga, while he was with Mr. Lipscomb, the surveyor—also a friend of ours. His father was the first artistic colour photographer in Sydney, and his sister wrote verse. Boake's book was "Out Where the Dead Men Lie",\* and he hanged himself with his whip at Mosman.† Few men died in New South Wales whose death caused such a sensation as his.

Barcroft Boake brought his early verse, written in an exercise book, for us to read. This was in the early 80's. At this time it was a beginner's verse but showed his natural trend, a trend which the "Bulletin" helped to develop.

He used to come to our place regularly for Sunday dinner. But no matter when or what day he came he brought his whip with him. Even at table he would not part with it but laid it across his knees, as if he needed always to feel it with him. It was with his whip, as I have said, he hanged himself at Mosman.

NOTE— \* Not "Here Where the Dead Men Lie" as Mr. Sawtell says.

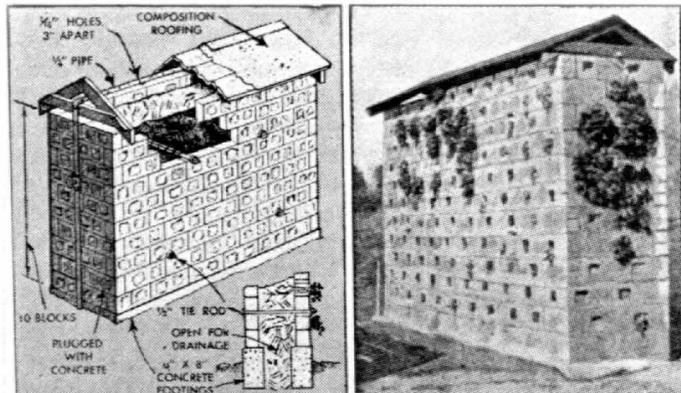
† Not Long Bay as stated by Mr. Sawtell.



**These potential taxi passengers, are John Vincent, Sam Williams, Arthur Raymond and Sally Davis**



# Help Yourself



**This upright strawberry plot is very easy to make, and all that is required are a few old bricks**

## A Handy Auto Hint

A crack in a distributor cap can be temporarily sealed by applying nail polish.

## Fishing Lines Stored Safely

Before storing your fishing lines, be sure they are thoroughly dry. Then wind them onto spools—fish spools are ideal for this—and place them in a moisture proof bag. This will prevent rotting and will protect the lines from harmful insects.

## Rustproofing Nuts

To prevent nuts from becoming locked on bolts from rust, dip the threads of the bolt in shellac and turn the nut onto the bolt before the shellac has had time to dry.

## Test Stains

If you are inexperienced at staining, always test the stain at hand on a piece of scrap wood of the same kind that you plan to finish. Also, remember that the same stains made by different manufacturers are not always the same color.

## Rabbitproofing Young Plants

Dry lime sprinkled on tender plants will protect them from damage by rabbits. Use a discarded flour sifter for uniform distribution with a minimum of waste. It should be remembered that continued use of lime, for more than one season, will tend to "sweeten" acid soils.

## The Car Engine

To avoid cracking the cylinder block, allow your car engine to cool off for a half hour or so after overheating before you add water to the cooling system.

## Protecting Rubber

When you take a bathing cap out of storage, rub it with a mixture consisting of a small amount of household ammonia and soapy water. This will make the rubber pliable so that there is less danger of it splitting when placed on your head.

## Removing Kalsomine From Walls

To remove kalsomine, soak it thoroughly with a wet brush, or pat it with a very wet cloth. Usually, a thorough soaking will permit the kalsomine to be rubbed off with a cloth or sponge. It is best to clean only a small area at a time. If a hardener has been used in the kalsomine, such as alum, you may have to use a putty knife to scrape it off after soaking it.

## Helpful Hints on Varnishing

Before starting to varnish floors or woodwork, be sure there is no dust either on the wood or in the air. Varnish should be applied with smooth, light strokes and plenty of time should be allowed for it to dry.

# Cowra Station

The usual migration took place during the past year, during the fruit season families moving to Young and Griffith districts. All families participating in this industry returned when the work finished.

The Government Railways Department employed eight men from this Station and this relieved the unemployment position.

As the Station houses are new, only maintenance and painting has been necessary, with the exception of one cottage which had been badly damaged by former tenants, making it necessary to carry out major repairs and paint both interior and exterior walls.

The health of the residents was affected by an epidemic of influenza during the spring months, and also several cases of whooping cough amongst the children.

A number of dances have been held at intervals during the year, the music for which was supplied by several young men of the Station and consisted of an accordian, guitar and gum leaves. Visitors commented on the time and quality of the music.

The Salvation Army is holding a "Home League Afternoon" for the women every Thursday. This is well attended.

During the cold months of the year the Gymnasium was continued, a trip to Bathurst was a great success, four out of five contestants in the boxing tournament being successful, and again this year the boys were guests at dinner of the President of the Bathurst Police Boys' Club.

The Youth Club was held regularly during the winter months but was suspended when the weather became warm and the attendance fell off.

Twenty-two children attend the Cowra Public Schools of whom five attend the High School. Five children attend the Convent School in Cowra. It is still found necessary in some cases to continually remind the parents of the necessity of regular attendance.

The usual party with Christmas Tree was held for the children, and a well known resident of Cowra acted the part of Santa Claus much to the delight of the young folk who each received a gift, sweets, cakes and cordial drinks; a dance followed for the adults.

The residents are well catered for in religious instruction. The Catholic Church, Salvation Army and an Aboriginal resident missionary hold regular services on Sunday and throughout the week.

Drinking is still a problem and one that does not appear to have an immediate solution. Several women, besides most men, drink freely.

The private gardens have been satisfactory during the past year, some very fine vegetables have been produced as well as attractive flower gardens in a large percentage of the homes. The trees planted the previous year in the children's playground and the Church grounds are making good progress.

The Progress Club bought seats for the Church and still holds a credit balance in the Bank. The tennis court is kept in good repair and has been well patronised during the year.

## Board Member Dies

Mr. J. P. GLASHEEN

*Dawn* readers will regret to learn of the death of one of the esteemed members of the Aborigines Welfare Board, in the person of Mr. J. P. Glasheen. Mr. Glasheen died at his residence at Bronte, near Sydney, on the 24th December and was buried at Waverley Cemetery on the 27th. The funeral followed Requiem Mass at the Mary Immaculate Church, Waverley. At the time of his death, Mr. Glasheen was 53 years of age.

Mr. Glasheen had been a member of the State Public Service Board for about three years. He was also a trustee of the National Art Gallery and a member of the Council of the New South Wales University of Technology. He took a keen interest in Rugby League football and was president and selector of the South Sydney Club from 1946 to the time of his death.

Mr. Glasheen joined the Education Department as a teacher in 1920. He was honorary treasurer of the New South Wales Teachers' Federation from 1929 to 1932, and was secretary of the Teachers' Building Ltd., from 1937 to 1941.

He was appointed as a member of the Aborigines Welfare Board in July, 1942 upon the retirement of the late Mr. B. C. Harkness. Mr. Glasheen served the aborigines well in his capacity as a member and was one of the prime movers in the scheme for the appointment of district Welfare Officers. His counsel and advice on the Board will be sadly missed.

Our sincere sympathy is extended to Mrs. Glasheen and his daughter, Mrs. N. Baker, of Newcastle, who survive him.

Among those who attended the funeral were the Premier, Mr. J. J. Cahill; the Minister for Health, Mr. O'Sullivan; the Chairman of the Maritime Services Board, Mr. J. McGirr; the Chairman of the Public Service Board, Mr. W. C. Wurth; the Commissioner of Police, Mr. C. J. Delaney, and representatives of all Government Departments. The Aborigines Welfare Board was represented at the funeral by the Chairman, Mr. Buttsworth, and the Secretary, Mr. Mullins, represented the Superintendent and Head Office staff.

### YOUR COPY OF DAWN . . . Pass it on

When you have finished reading your copy of *Dawn* pass it on to some friend or relative who does not get a copy.

Better still, send the name and address of anyone you know is not receiving a copy to the Editor, *Dawn*, Box 30, G.P.O., Sydney, and it will be added to the regular mailing list.

This is YOUR own magazine and you are invited to write to it . . . to send in your photographs, your poems, your stories and your letters.

# HOME HINTS

## Basket Strapped to Baby Carriage Holds Bundles When Shopping



To keep boards and benches white, after scrubbing, squeeze lemon juice over evenly. Leave for two or three minutes, then rinse thoroughly.

Do not remove metal cap from the milk bottle. Make two small holes in the cap, one larger than the other and the milk will pour out smoothly from the larger.

To sharpen the blades of a mincing machine that have become blunt, grind a piece of bath brick through the mincer.

Sugar added to the water will preserve delphiniums and powdered alum will keep hydrangeas fresh. Eucalyptus in the water will lengthen the life of any cut flower and common salt will make wild flowers last longer. Salt will also kill the unpleasant odor of stocks and mignonette when standing in water.

When making baby singlets and other underwear, sew up one shoulder only. On the other sew two tiny press studs, one at neck and the other at the arm end. This way clothes are easier changed as the opening is so much larger.

When the buttons of a mattress come off and small holes appear, cut a piece of adhesive tape and press over holes with a warm iron. This takes only a few minutes and saves sewing, which is difficult on a full mattress.

To make a temporary hem quickly, run a strip of adhesive tape along hem and press down firmly. This will last until garment is to be laundered.

Keep a roll of surgical bandages in your sewing basket. It is handy for facing when letting down children's dresses, for slipping between the front and the facing of a fine dress to give extra strength for mending. Tacked in squares over holes in household linen it provides a good foundation for darning.

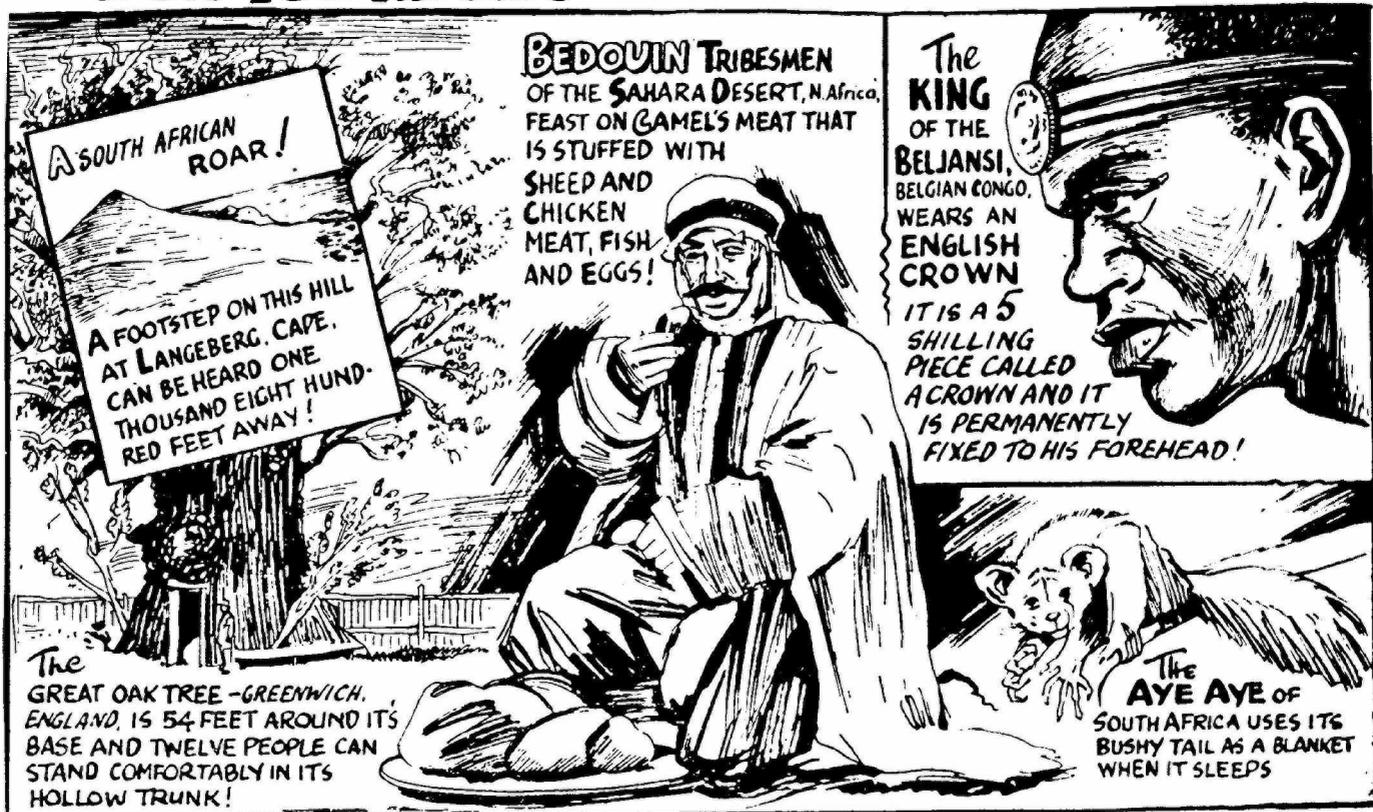
Always wash a cast-iron frying-pan with soap. A dish-washing detergent will clean out all the seasoning years of use have given the pan, so that food will stick and brown unevenly. To prevent rusting, dry the frying-pan over a low flame on the stove.

Sew a button or two on your apron. This is a convenient way of keeping potholders close by when you are working in the kitchen.



Mrs. Janice Hill, of Woodenbong, takes time off from the housework to have a rest in the sun with baby

# HOW YOU KNOW!



## ESSAY COMPETITION

Good Prizes to be Won.

If you were to ask us who takes the greatest interest in *Dawn*, who looks for it coming every month, who are most unhappy if there is a short delay and it doesn't turn up to time, we would say the children. And this is addressed to the children.

Here is an opportunity to win some nice prizes. (See list hereunder.) The Board offers these, prizes for the best essays to be sent in to the Editor, and they should reach him not later than the 28th February 1955.

The subjects for the essays have been chosen as follows:—

1. "MY AMBITION"—for school children 13 to 15 years of age.
2. "WHY I LIKE READING MY *DAWN*"—for school children 10 to 12 years of age.
3. "HOW I SPENT CHRISTMAS"—for school children under 10 years.

### Conditions.

Competitors must be of school age and all entries should be endorsed either by the Manager of the Station, Teacher of the School, or the Welfare Officer. Entries should be enclosed in an envelope marked "Essay Competition", and should show clearly, the competitor's full name, age and address.

Competition closes 28th February, 1955.

### Prizes.

	£	s.	d.
1st Prize	...	...	...
2nd Prize	...	...	...

in the following age groups:—

13 to 15  
10 to 12  
under 10

There will also be consolation prizes in all groups.

The competition is, of course, restricted to entries by children of aboriginal blood.

# BOGGABILLA . . . A Cheerful Station

## Unemployment

at a

## Minimum



DURING the year, a trend has developed amongst the Station residents to secure position with property owners and to live out on such Stations. This trend is slowly but definitely gathering momentum. Some families have already left the Station and are working on properties.

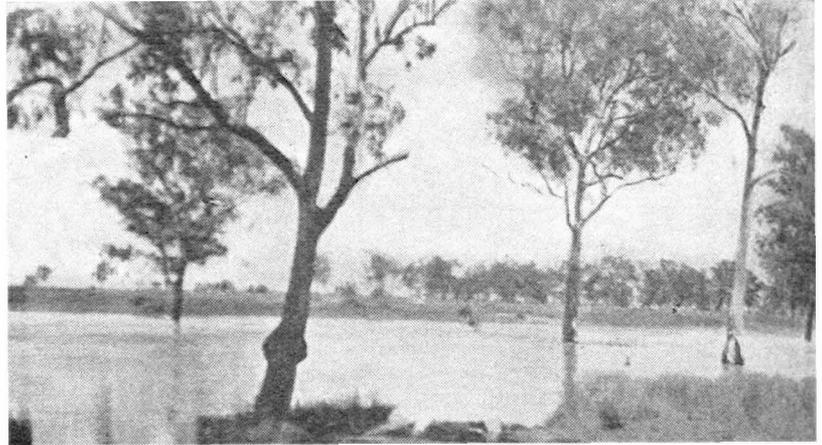
Buildings on the Station are all of weatherboard construction and are very old. However, several residents have made additional rooms, including bathrooms, and have painted rooms at their own cost. A supply of paint has now been received to paint all cottages on the Station. When this is applied the cottages will look more cheerful and have a lot more individuality.

The health of the residents generally, has been very good. No epidemics or other infectious diseases have occurred during the year. There have been some cases of pneumonia and bronchitis which have all been successfully treated in hospital. All minor ailments, cuts, bruises, etc., have been treated successfully on the Station.

The employment position throughout the year was good. Unemployment was at a minimum. In fact, it could be said there was none. The chief agency of



This is Boggabilla Women's Football team! In their last match of the season they defeated Goondiwindi 13 to nil. Left to right :- (Standing) Mary Hippi, Lavina Duroux, Hannah Haines, Pauline Hench, Norma Binge, Ursula Haines, Pearl Mackie, Constance George. (Sitting) Valerie Binge, Alice Weribone, Doris Armstrong, Ivy Binge, Gloria Haines and the referee, Mr. Appleby



Sometimes when rain swells the McIntyre River, the station is entirely cut off by water and rowing boats come into use

employment which absorbed 75 per cent. of able-bodied men, was ring-barking. Shearing, which is much more profitable, was indulged in by the experts from the Station. Others were engaged as station and farm hands. Those engaged in this work were permanently employed.

The Station now has a beautiful boxing ring and all accessories. This ring was built by the handymen with the financial backing of the "Boggabilla Aboriginal Station Social Club." This Club has been very busy during the year in organising no less than four boxing tournaments, Christmas functions, children's sports, and dozens of other social functions. The school children also did their share in putting on a very good concert.

There were sixty-two children enrolled at school. The Headmaster and teacher are very pleased with the progress of their pupils. A greater emphasis has been placed by the teachers on personal hygiene, speech training, moral training and, in short, training for good citizenship. As a result, the pupils are cleaner, enunciation has improved, and above all, their manners and obedience is a credit to them. The school children are now able to conduct their own meeting and have formed a Gould League of Bird Lovers and also a "School Management Committee". The children are taking more interest in their school and, through this zeal, the Headmaster hopes to gain more support from the parents. To this end a Parents and Citizens' Association has been formed.

Christmas was enjoyed by young and old with enthusiasm. To augment the Board's donation for the children's party, the management organised a boxing tournament and a dance and the proceeds were used for the party. A huge, tastefully decorated "tree" was obtained. Each child received a present and, in addition, cakes, lollies, fruit, icecream and tea. Assistance was given in this respect by citizens of Boggabilla. The children were treated to two Christmas functions while the other residents were entertained with dances and socials. The festivities ended with a grand New Year's Eve Dance.



# ABORIGINAL COUPLE MANAGE STATION

## WRECK BAY DEVELOPS

During the year, an aboriginal couple were appointed as Manager and Matron of this Station and are doing excellent work.

The population at the 30th June, 1954, was 166. There are twenty modern cottages, six smaller dwellings, a recreation hall, store, dispensary, garage, domestic science room, Manager's dwelling, an office, boatshed and one school building. The condition of these buildings is generally good and a number have flower gardens and other improvements.

The water supply to this Station is conveyed through the pipe system from the Jervis Bay supply and is installed in each dwelling, which gives ample supply for household and garden purposes.

Electricity is connected and there is a power line erected in every street along which are street lights. This service is maintained by the Council of Jervis Bay.



**Fisherman Archie Moore, of Wreck Bay, enjoys a cup of tea whilst the nets are being hauled in**

The health of the residents has been good. Apart from the common cold, there has been no serious illness recorded. When necessary, a doctor is called.

During the summer months, the men on the Station formed a cricket team and often travelled to the nearby towns for a social game. When the football season opened, six men from the Station joined the Jervis Bay team and acquitted themselves well. One of them was selected as vice captain.

The breaking-up party at Christmas time for the school children, was enjoyed by children and adults alike, and some fifty visitors from Jervis Bay highly praised the Station organisers for their display of art.

During the summer months, the residents held dances in the hall on alternate Saturday evenings, the alternate Saturday being allotted for a euchre party which was held to raise funds for the Parents and Citizens' Association.

Regular Church Services School are conducted. The Matron and a teacher conduct Sunday School and when there is no visiting Minister or Missionary, the Manager conducts Church Service.

The education of the children is a salient feature and some of the children have reached seventh class standard which covers a very large field of study. The children show a great interest in school and attendance is good. It is anticipated that some of the children will attend Nowra High School next year.

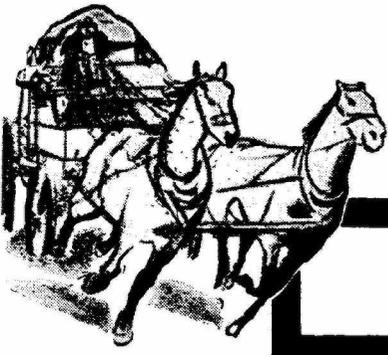
The employment position is not good, the nearest industrial area being some thirty miles away. The residents depend mainly on fishing. This is a precarious occupation and during the winter months the fishermen find it hard to meet their commitments. Efforts have been made to get a saw mill erected here to supply a means of employment for the men of this Station, and favourable results are expected from this venture. It is believed that in the near future something definite will be done to relieve unemployment.



**Two more Wreck Bay identities, Hector McLeod and John Ardler**

The cultivation of the community garden is in progress for spring crops. Some of the residents have small vegetable gardens. A greengrocer visits this Station twice a week with fresh fruit and vegetables.

The attitude of the residents is friendly, there being no trouble of a serious nature. They have co-operated well with the management and have expressed satisfaction in the appointment of one of their own people to the control of the Station.



## Along the Mail Route

Mr. Bob Brown, aboriginal Manager of Wreck Bay recently addressed Nowra Rotary Club and also Nowra Methodist Fellowship where he received an enthusiastic hearing.

—◆—

Congratulations to Mr. and Mrs. Wilfred Connolly of Yass on the birth of a son, Joseph, on 26th September, 1954.

—◆—

Congratulations to Jim Little of Nowra in having recordings made of his singing, for transmission over Radio Station 2KY. It will be recalled that Jim appeared on Australia's Amateur Hour last year and won second place. He is making quite a name for himself in the Nowra District.

—◆—

The residents of Caroonna showed how grateful they were for the good work done by the Quirindi ambulance, when they presented the ambulance with a modern, chrome steel stretcher. A small ceremony was held at the Station, when the stretcher was formally handed to the Chairman of the ambulance committee, Mr. J. R. Taylor.

In making the presentation, the Manager pointed out that the wish to make some return for the work of the ambulance, came from all the residents of the Station, and that he was happy to have been able to find some much needed equipment that could be given to express this wish.

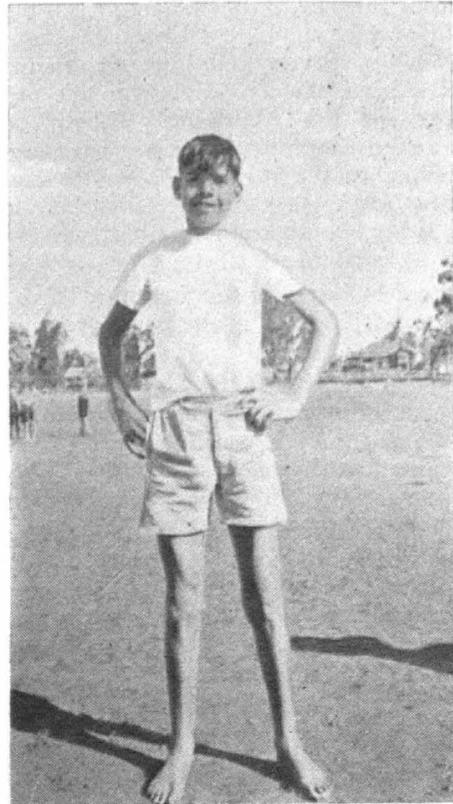
Mr. Taylor, thanked the residents for their gift, and said it was a cheering thing to find a community which realized how much better it was to give than to receive.

The Superintendent of the ambulance demonstrated the stretcher's various uses to an interested audience.

—◆—

Talented artists, Bertha Bolt and Lexie James, of Cabbage Tree Island Station were the proud winners of a cup presented by Buddy Williams. At a recent show presented at Wardell, the young women entered as a team and sang as amateurs, competing with local talent. "Buddy Williams" the well known radio artist presents shows all over Australia.

A double tragedy hit Tabulam in twenty four hours recently. At 6.15 a.m. one morning, the well known and respected Eric Walker was found dead in his bedroom at the Station. Eric was well known in Tabulam and loved by all his relations and the sudden failure of his heart while he was asleep was a shock to all. A few hours later Lizzie Wilson (Granny) to many had a heart attack and passed peacefully away the same evening. Lizzie was well over 90 years of age and had been a well known figure in the district for many years. The double funeral took place in Tabulam two days later and friends and relatives from Lismore, Casino, Woodenbong and many other places came to pay their respects.



Leslie McLeod, of Wreck Bay, photographed at Nowra Oval just after he won the 100 yards sprint (junior) for the Shoalhaven District Sports. Subsequently Les attended the combined Illawarra Sports which were held at Wollongong and he again won the 100 yards junior championship, this time for the Illawarra District.

# WORK NEEDED AT TAREE . . .

## Too Many Young Men Idle

An increase in population has been largely due to the inclusion of those aboriginal families who lived on the Travelling Stock Reserve adjoining the Station and which has now become part of the Station. The increase by admission and birth has been temporarily offset by departures resulting from employment becoming available in other districts.

It may not be regarded as entirely satisfactory that only about 52 per cent. of the able-bodied men of the Station are in constant employment. However, considering the lack of variety in regular employment available in the district and the capabilities and suitabilities of the individuals concerned, the position is not really bad. Furthermore, the balance of the men concerned are mostly casually employed on an average of about one day in three.

The position with regard to youths is not so good. Of a total of thirteen, only two are in constant employment, and only seven have engaged in employment of a casual nature to any considerable degree. Special efforts have been made to deal with this problem and the services of the Aborigines Welfare Officer and Commonwealth Employment Officer have been enlisted. Disinclination on the part of the youths concerned to leave the Station to seek employment where it might be available, is the biggest stumbling block to any progress.

The school building on the Station is being converted for use as a dwelling and is almost ready for occupation.

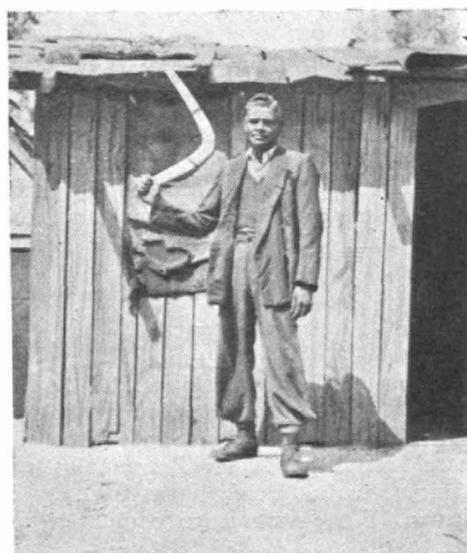
The general health of residents is very satisfactory. Round worm infestation still causes some trouble among the children and there is usually at least one case undergoing treatment each week.

Internal social activities have been carried on in much the same manner as reported last year. There have been the usual gatherings of children and young people for social evenings and games in the recreation hall. Benefit functions have been held to assist the local Hospital and Ambulance Society.

What is regarded as more important, is the extension of social activity by Station residents in the general community. The Church of England Fellowship Youth Group, the staff of the Manning River District Hospital, and the village of Tinonee have co-operated in a most praiseworthy manner in an effort to bring our people out of their isolation and to make them conscious of their privileges and responsibilities as citizens of the community. Throughout the year there has been a very pleasing two-way social mingling.

All Station children of school age attend the Public Schools of Taree. The teaching staffs of these Schools report that they have experienced no difficulties arising from racial prejudices among the pupils.

The United Aborigines Mission has established a Church for Station residents and maintains a resident missionary. The various Protestant ministers of the town frequently co-operate with the missionary in the conduct of services.



All set to give a demonstration with his boomerang  
David Moore, of La Perouse, now  
lives in Victoria

### **RETURN THANKS**

DAWN has been asked to publish the following letter of thanks :

Dear Editor,

Please convey my thanks to all the kind people of La Perouse who made us gifts of money to help in this our time of sorrow. My sincere thanks to the people and also to Mrs. E. Foster.

Yours sincerely,

(Signed) Arthur Woodland.



# They say



Education week was celebrated at Woodenbong school in a manner similar to that in most other schools in N.S.W. A successful Children's Service was held at the church the arrangements for same being ably carried out by Mr. F. Bundock.

An Open Day was held at the School, and the large number of parents who attended showed a keen interest in the various phases of school work. Marching and folk dancing exhibitions, singing, verse-speaking, dramatization, and a display of school work were enjoyed by the visiting parents.

During the week fifty ornamental and shade trees were planted in the school grounds, which have recently been enclosed by members of the Parents and Citizens' Association. These trees it is hoped will greatly enhance the appearance of the school in years to come as well as providing the much needed shade.

Recently Miss J. Boyer of Junior Red Cross Headquarters, Sydney, visited Cabbage Tree Island School and addressed the children on the aims and work of the Junior Red Cross. The children were most enthusiastic and have since decided to form their own circle. The following office bearers were elected:—

President : Cynthia Moran.

Secretary : Mary McGrath.

Treasurer : Nancy Bolt.

25 members have paid their subscriptions. A lunch hour concert staged and conducted by the school children yielded 8s. 6d. Nancy Bolt and Cynthia Moran are to be congratulated on conducting a stall and raising £2 os. 9d.—a really fine effort.

Barry Marlowe, one of Cabbage Tree Island's leading athletes, competed in the N.S.W. schools athletic championship and succeeded in getting a third place in the championship race. Just over 13 years of age, he intends going all out to bring the pennant back next year.

Residents of Cabbage Tree Island have been offering their sympathy to Mr. and Mrs. Richard Roberts on the loss of their little daughter Janice, aged 2 years. "Dicky" Roberts has asked Dawn to thank all the residents of Cabbage Tree Island for their generous contributions towards the funeral expenses.

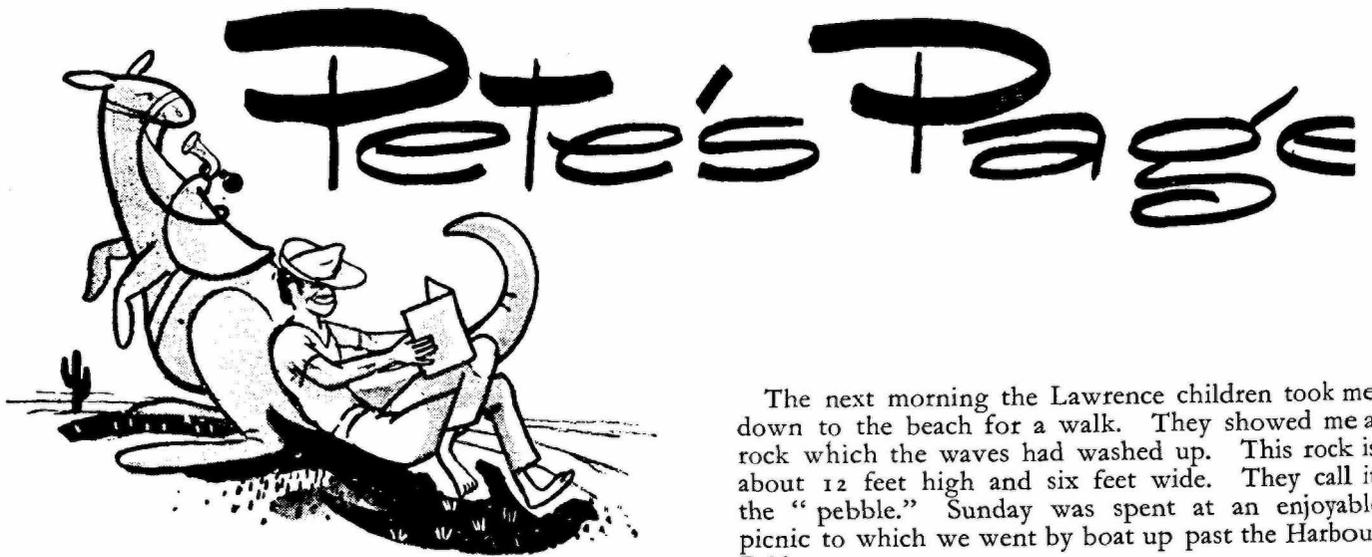
Residents of Cabbage Tree Island recently attended the convention at Cubawee Reserve. A special bus was hired to enable them to attend a religious service at Fingal.

Caroona School recently went on a school visit to Binnaway. A very pleasant day was spent, and the youngsters are looking forward to Binnaway's return visit.

Mr. and Mrs. Tom Allan are being congratulated on the birth of their first child, a son.



These youngsters from Wreck Bay, recently took part in schools march past, at Nowra



Hello Kids,

By this time Christmas is over once again and I suppose thousands of Christmas presents have been received and opened and hundreds of Christmas puddings eaten. I did not have much mail this week, but then I did not really expect it, with everyone too busy enjoying themselves. I had a nice letter from Jim Cain of Caroonna. He tells me he is going to High School next year. Also had some fine drawings from Katherine May Murray of Condobolin, Irene Roberts of Cubawee, Max Culimore of Moree and Olive Mitchell of Cootamundra. Carol Donovan wrote me one of her usual letters and told me all about her party.

The best letter of all though, was from Bertram Prince, of Boggabilla and he wins a special prize for it.

Bertram said . . . .

"I have just returned from Sydney after competing in the P.S.A.A.A. Sports. On 16th November, the day I was due to leave the Boggabilla Mission Station for Sydney, the Whalan Creek was a raging torrent. Mr. Walter Binge, our handyman rowed me over the swollen stream and the Boggabilla butcher took me to the railway station. I got off the train at Moree and went on with the remainder of the team from there the following morning.

It was 9 p.m. the same night that I was met at Central Station by John Lawrence, aged 12, who had kindly offered to care for me during my visit. I enjoyed the taxi trip out to Bondi where John's parents and sister live. The Lawrence family were very kind to me and I soon went to bed feeling very tired but happy.

The next morning the Lawrence children took me down to the beach for a walk. They showed me a rock which the waves had washed up. This rock is about 12 feet high and six feet wide. They call it the "pebble." Sunday was spent at an enjoyable picnic to which we went by boat up past the Harbour Bridge.

On Tuesday I had a most interesting day at the Zoo. We also called in at the Museum, where I was surprised to see among other things two men's left feet. Wednesday was Sports day and when we reached the Sports Ground, we marched around the ring. Moree district came third. I competed in the long jump and was beaten by a boy named Carlo from Gunnedah.

On the following Thursday in the State Champion ships Carlo beat me again; I did the longest jump but was unlucky to lose my balance and fall back in the jumping pit.

What a night I had Thursday night at the wrestling. Fozo defeated Pat McGill and "Dirty Dick" Raines. beat Faeita. When Friday morning came I wished I could stay back at Bondi with my kind friends. But on Friday night we were all back in Moree once again. It wasn't until Monday afternoon that I arrived back safely at Boggabilla and was able to tell of the wonderful trip I has had."

Well Kids, that's all the news for this month, so cherrio for the time being.

Cheerio,

Your Sincere Pal,





# IN THE GARDEN

## Only Cold-Country Gardens can grow

### BERRY FRUITS

Currants, loganberries, raspberries, and gooseberries are for cold-climate gardens only. They will not thrive in warm climates such as Sydney's.

The berries will thrive, in suitable conditions, on the highlands of New South Wales; but the currants, particularly the black, are for the coolest gardens of Victoria and Tasmania.

**CURRENTS :** Black, red, and white—need a deep, rich soil, preferable volcanic loam, completely sheltered from hot wind. They are heavy feeders, and need mulching with manure at the beginning of spring, and again during the fruiting.

Planting, either with cuttings or rooted plants, is done during winter, spaced eight feet apart, with six feet between rows.

**GOOSEBERRIES :** Need very much the same treatment as currants—and the same pruning treatment, i.e., shortening the leaders and pinching back the side shoots, to encourage fruiting spurs.

**LOGANBERRIES :** (They are a cross between blackberries and raspberries), will grow in a degree of warmth greater than raspberries, and much warmer than the currants and gooseberries demand; but they will not thrive in Sydney's heat.

Cultivated on fences or wire supports six feet high, they need to be set ten feet apart, to give room for the long canes which bear fruit in the second year. They need heavy feeding each year, with an annual thinning-out of old canes.

**RASPBERRIES :** Need rich, well-drained soil—water-logged ground will kill them. They throw up new canes each year : these bear fruit in the following season, and then wither, making room for new growth. These old canes should be removed after each fruiting.

Planting is in winter, spaced two or three feet apart in rows, four feet apart; and supporting wire, seven feet high, is essential. A heavy dressing of manure is recommended each winter, and again during the fruiting.

**ENCOURAGE WORMS.** Never kill a worm if you can avoid it. They are indispensable to a healthy vigorous soil.

## Don't Neglect to Plant

### Perfume in Your Garden

A Garden without perfume is a soul-less thing. It is nothing after dark.

Find room, in your garden planning, for some of the lovely things which perfume both the sunshine and the night.

Cover a porch or a frame with white jasmine, stephanotis, or white mandevilla; and then find room for some of these:—

Shrubs.	Little Things.
Scented verbena	Lavender
Rondeletia	Violets
Luculia	Tuberoses
Brunfelsia	Mignonette
Moschosma	Heliotrope.
Daphne.	

Add those to your stocks and your roses and carnations; and you will find in your garden that great contentment which good gardening can provide.

(All of the above are listed in the alphabetical pages of shrubs and flowers.)